"Separate Vacations for Husbands and Wives!"

One Way to Keep Out of "Matrimonial Ruts Suggested by Helen P. McCormick.

> Must Also "Keep Step" With Each Other and Avoid Unwarranted Jealousy (Second in a Series of Three Articles.)

> > By Fay Stevenson.

Copyright, 1922, (New York Evening Worlds by Press Publishing Co. ATRIMONIAL ruts are the cause of most of the infelicities between husbands and wives, according to three of New York's most prominent women lawyers.

by himself, to go fishing, hunting or

to play gott. He needs to be a bach-

"And this is true in far as a wife

is concerned. Let her go off for a

without any effort upon her part to

please any one but herself will not

change hubby's disposition. And it

even the best of them; is apt to sing that joily old song. Hurrah, my

him sing it; it will do him good. He

will probably go in for a poker game.

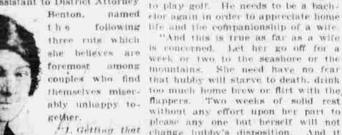
a midnight show or do some desperate

wild thing which he has longed to do

tor ages. He will litter the house

week or two to the seashore or the

In a previous article, Mrs. Pauline O. the summer vacation offers just this Field, head of the Abandanment Bu- opportunity. A man needs to get off reau and assistant to District Attorney.



couples who find that hubby will starve to death, drink themselves miser- too much home brew or flirt with the ably unhappy to. flappers. Two weeks of solid rest 1. Getting that Feet- will give her a far different outlook

necest cach other as they are. 3. Inability to swing the pendulum wite's evenly in regard to?

(a) Money matters

(b) Social engagements. (c) Holding one's tongue."

In to-day's interview Helen P. Mc- with his cigarette stubs and cigar Cormick, Assistant District Attorney of ashes, he will revel in the fact that Kings Gounty, cites the following out. no one is watching him, and the beds standing cuts which she has noted will be unmade for a week while ong the 2,000 matrimonial cases dishes stack the tables and sink, but which come before her yearly

"2. Not keeping step with each "3. Not realizing the value of a

beparate vacation at least once a year.

"Jealousy may be the green demon of the dark ages who has caused un-



declared Miss McCormick. "but he is still alive and on the job. Women are still jealous of their husband's stenographers, of their too marked attentions to the flappe daughters of their friends, and husbands are still green eyed of the too popular wife who receives business or social attentions from other men

"Getting into this lealousy rul is ab solutely one of the most depressing and heartrending ruts a husband or wife may experience. Many times there is no ground for this attitude and the very fact that the husband o wife is suspicious of the other simply forms a wall about them which need never exist. The moment a husband confidence in him a certain unspoken is also true of a certain impulsive

"Not keeping in step with each other is another big rut, an almost and human effort for a man and a dictetics. woman to win each other's love. Dur- edged that thorough mastication of all ing the courtship period each lives up food, a carefully selected diet and the high standard and is on his or use of soured milk or other measures her guard to present their better na- to reduce putrefaction in the colon But the moment marriage constitute a powerful form of hygiene takes place the bars seem to drop.

Both husband and wife seem to think

Cocumations that the marital state takes no brain they were when they first met.

of this, many couples get into the rut

and its value and importance to both shot.

WHY DON'T

You Go To

THE OFFICE

ODAY

The Day of Rest

SEENTA

DAY OF REST?

DADDY'S

WORKING

NOT

TO DAY

The first foreign war in which the United States engaged consisted of several naval engagements and was against France, in 1798. In 1800 a convention was negotiated which resulted in peace.

By Maurice Ketten

Our First Foreign War

FAMOUS WOMEN

MADAME RECAMIER.

T about this time in the year 1849 Europe was mourning the death of Madame Recamier, whose career has rarely been equalled in the world's history. Her beauty, charm and knowledge were such that she exerted great influence over all with whom she came in contact, Her influence over Napoleon is particularly interesting. The first time he saw her was on the occasion of his delivering a rejoinder to an address presented to him on his return from Italy, Madame Recamier, to see him better, arose from her seat. This attracted Napoleon's attention. He met her later at his brother's house. He was then First Consul. When he became Emperor she refused to attend his court,

LET THE HUSBAND GO WHILE THE WIFE GOES THE SEASHORE

His icalousy was aroused and,

among other indignities, she re-

ceived an order of exile



GOING DOWN! EAR AMBITIOUS ONE:

There is a best way of doing things, and if you the third or fourth day he will wifey were back and long for stop to inquire whether you are doing things that way, you will find that you are improved And what about wifey?" asked Miss McCormick with a merry twin-kle in her eyes. "Well, she is probyour work and advancing. ably tired of cating salads and ices and sunning herself. She longs to There is a tendency nowaget back to that little kitchenette to

days to relax. However, there are some who are working and thinking harder than they have before, and those people are the ones who are advancing rapidly.

Take time to ask yourself if hand as well as it can be donethen go ahead and finish it. Sincerely,

ALFALFA SMITH.

"MARGIE"

The Love Story of a New York Working Girl .

By Caroline Crawford Copyright, 1922 (New York Evening World)

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WILLIS CHANNING proved himseif a gentleman in not staying when Maisic and Clarence Wemple left Margie's home. When Maisie and her "steady" called Channing was in the midst of his secand proposal. He begged Margie to

give up her place as a salesgiri at the

glove counter and marry him at once. When the doorbell rang Margie was very happy, for it released her from a question she did not wish to answer. But she feared Channing would remain until the others less and again approach the subject of matrimony.

But impulsive as Channing was, he knew Margie was tired after a bus; day at the store. She was in no proper mood now to answer so vital a question of life. With a warm pressure of the hand, he left with the rowd, and Margie, grateful and still under the impression that she cared great deal for him but loved Spaf-

next day's work. The next morning she awoke to all the realities of life and the workaday world, however, and as she thought of that crowded store and standing on her feet all day at the glove counter. t seemed an impossible feat to per-

ford, retired to gain strength for the

"Momsie, what would you think of me if I ducked my position and ran off to the country for a week?" she asked that morning at the breakfast

"I'd think you were a sensible girl." responded her mother so earnestly that Margie looked up from her cereal with astonishment. She had expected a scolding instead of encouragement. 'I would think just that," continned her mother. "I have been watch-

ing you for several days, dear, and I notice you are exceedingly pate. You certainly can always get a position as good as the one you have, and then there's the romance to con-"You mean?"-

"You have a life problem to think about, and I am very sympathetic, dear. I know you like Mr. Coanning and I know you love Frank Spafford. Channing has proposed and Spafford is acting as though he didn't care for you. You want to go away to think Channing is impulsive-will not wait much longer. To see him again means to give him an answer. are waiting to see whether it will be your real "Love Prince" or just a you like and respect."

"Mother, I didn't know you understood so well," said Margie. "I was a girl myself, dear, and I know many girls face this same problem. The man they love often keeps them guessing, while the man they like and respect proposes. They want to know the truth about the man who keeps them guessing. Some of them wait, others take the first man who proposes. I can't advise you, for I don't know. Sometimes

the man they love makes good, sometimes they are left spinsters. Think Copyright, 1922 (New York Evening World) "Then you want me to give up my

"I do. I have several hundred dolspite the fact that they are not taking on new people. I have no fear of your getting left. They want refined, in-A PPENDICITIS is not as prevalent as it was, because of our superior methods of treatment form appendix, should be neglected, right, dear; you will not have to go

table, (upon the back with the right "I know Willis Channing loves you. hip and knee slightly flexed) but the I know you will like him. You need intestine must remain quiet to pre- to wait for Spafford's next move now, vent the spread of the inflammation, and if you go out on Long Island soais soccurs." or a perforation should an abscess somewhere to a quiet boarding place be present. Many physicians fast for one or two weeks I believe every-

you do?" "I'll wait here to receive any mes-

ITALIAN "CHIPENO." OR Italian fish stew or chipeno two tablespoons of minced parsley and and these you may have plentifully. place in a saucepan two cups of two teaspoons of lemon fuice.

strained tomato, half a teaspoon other which are far meaner and more the appendix which may be due to the abdominal cavity and set up of sugar, a seasoning of pepper, salt

despicable than they really possess. foreign bodies of one kind or another, housekeeping elsewhere. Therefore and one teaspoon each of whole cloves, drawn butter sauce is prepared by You will never rid yourself of pimpepper corns and a blade of mace. placing in an offed baking pan two des if you do not have sufficient lax- tions for the general health, they will Place the whole spices in a loose pounds of bass flicts, skin and bones live foods en your diet. Purgatives soon disappear and your skin will reideals and views of life which they ous character. Thus a case was re-painful conditions in the abdomen Place the whole spices in a loose removed. Sprinkle with sait, pepper. The doctor's first orders in all skin flect your improved health. slowly for one hour. Heat four tableslowly for one hour. Heat four table-spoons of office oil and one finely in a medium over of the lane haven't been traditions of the lane haven't been operation and the appendix was found while the patient was under the spoons of one oil and one anely in a medium oven fifteen min-fin speaking of the summer vacation lying behind the bladder full of bird knife. The greatest danger to health chopped only and one finely chopped utes. Melt four tablespoons of butter How did the shot get there? lies in chronic and in neglected cases, clove or garlic, cover the pan and let in a saucepan and stir in four tablehusband and wife Miss McCormick The patient could not remember havthe patient's general condition may cook until soft and clear, then stir in spoons of flour; when the flour is well the body well regulated.

the face, they disappear with attenday turn out in numbers on a windy said:

the face, they disappear with attenday turn out in numbers on a windy said:

Spoons of flour; when the flour is well the body well regulated.

Excessive nervousness often causes then to the general health. If they are "I am no advocate of separate years, but as a boy he blew them out ation and poisoning (sepsis). Death flour; stir this into the tomato sauce, water, whip smooth; season with sait, homes and breakfasts alone. I believe of his mouth on passing objectst may follow from hemorrhage. A Heat five tablespoons of clive oil in a pepper, juice of half a temon and half that husband and wife are really. Pinworms are frequently found in very large proportion of cases in sauce pan and cook until a light a cup of capers or pickled assturtium happiest when in each office's com- the appendix, which opens up another which early operation is neglected brown on both sides six necess of seeds. Remove the flets from the pany, but at some time of the year I chapter on preventive measures, soccomb to perstonitis. Absolute boned halibut. The combined weight baking pan with a broad knife or pan believe they need to go away from When plaworms are suspected their rest, with an ice bag covering the of the halibut should be two pounds, cake turner so as not to break them each other—to get off by themselves presence should never be lightly re-painful region, is the treatment to When the halibut is cooked, place in and place on a hot platter, pour over sood you eat, as the body is unable to two and then a warm shower, followed and think certain little problems of garded, as complete extermination of follow until the arrival of a physical place of the followed and think certain little problems of garded, as complete extermination of follow until the arrival of a physical place on a hot platter, pour over sood you eat, as the body is unable to two and then a warm shower, followed and think certain little problems of garded, as complete extermination of follow until the arrival of a physical place on a hot platter, pour over sood you eat, as the body is unable to two and then a warm shower, followed and think certain little problems of garded, as complete extermination of follow until the arrival of a physical place of the following place of the particle problems of garded, as complete extermination of follow until the arrival of a physical place of the problems of garded, as complete extermination of the place of t minutes and pour over slices of toast- the caper sauce in a sauce boat

ed French bread. Sprinkle over all the most assential elements of food,

that you lose sight of the relation be- eat one-half the quantity, and that til you come to realize this great jagged nerves and give a restful feel-

How to Look Your Best in the Spring

forts will be en- truth. When we discussed blackheads, we the winter's tasks.

tween the body and the face. There slowly and well chewed, than to load by Press Publishing Co.

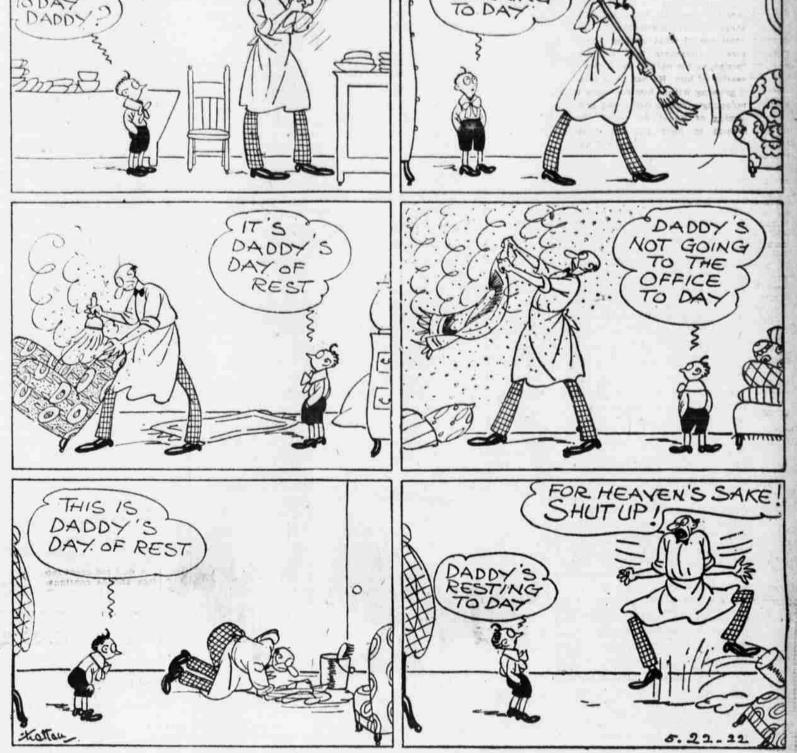
face to cover up pimples and nature's way of trying to get rid of our season of the year? Never mind through green fields from the present pretty girl and can obtain another other skin cruptions, but unless you get at the cause a clogged digestive system. You will tasks that surround you, the season Produce Exchange now is, called of the trouble and never lose piniples and blemishes un. itself is sufficient inspiration to calm "Petticoat Lane."

ing to a body that may be tired from canal, where even then they watered the stock-and Bridge Street was a clearing up your referred to the external treatment, but Perhaps you see no relation be-bridge which spanned the canal. The clearing up your complexion. The in curing pimples the main cure de. tween a long brisk walk in the sun- young men of that day used to fight complexion. The pends upon the attention to the genand sufficient rest, and pimples. But petticoats passed by. Some of the I can assure you that these simple older anglers, we understand, comand classical pro- Just prove for yourself if what I rules of living are the quickest pos- plained that too many petticoats hie can be entire. Say is not true, and if you are troubled sible way of clearing the skin of spoiled the fish. Fish have a habit of refusing to bite on a windy day You are perfectly justified in trying and the noise of flapping petticoats to cover up any facial blemish for the on the flappers of that day-some "And you, mother, dear, what will what attractive if her skin is clear of drinking, you drink a cup of hot time being. But take my advice, seven petticoats per flapper—no doubt what attractive if her skin is clear of distance, you drink a cup of no. Change your rules of living so that reminded the poor fish of a young tythe bedy has a chance to function phoon. But, then as now, the younger properly and you will need to have no generation didn't care a lot what the fear about pimples and the complex- o, g. thought about things, and the petticoats continued to promenade, un-

> other irritants on the face until it is The petticoats could also be viewed healed. If you apply the following from Hartfordshire and Yorkshire tavcintment to the pimples at night it erns, which stood there and to which has a soothing and healing effect: Lanolis Sounces
> Sweet Almond Oil Sounces
> Precipitated Sulphur Sounces

Louisburg in 1745. The old sheep pasture, famous in which attracted many a petticoat to If you will also follow the instruc-

This is because you got when you are vigorously with a complexion brush and one young woman who breeze tired or you are mentally upset, and a mild soap. This lather may be around the Produce Exchange build you get very little good from the allowed to remain on for a minute or ing recently foiled the audience oud you eat, as the body is unable to two and then a warm shower, followed by the simple expedient of a pair of knickers.



Until the Doctor Comes

By Charlotte C. West, M. D. -Copyright, 1922 (New York Evening World), by Press Publishing Co.

"It takes every bit of brain and our ever increasing knowledge on

the days or 'normaley.

cook some of the new distes she has

sampled and to see how much hubby

missed her. When she sees his enger

eves scanning the passengers as they

alight from the Grand Central or

thrill makes her heart throb the way

did when he first came courting.

to Be Avoided will be discussed

M. Baright, one of New York's

most prominent women lawyers.

Three Other Matrimonial Ruts

a third interview with Clarice

Occupations involving habitual work or effort to keep things the way strain and neavy fitting are work or effort to keep things the way cause the trouble; so have the strenustrain and heavy lifting are apt to In order to keep in step and per- ous sports, such as tennis, golf and feet harmony with each other both rowing been known to bring on an at-husband and wife must use even more tack. Then, on the other hand, the brain power and effort to understand disease may arise suddenly, the pa-

When the nature of appendicitis of just doing things any old way and first became known it was generally first indication in appendicitis is to displaying their worst sides to each believed that the inflammatory process call in a surgeon." other. It sometimes seems that just in the appendix was caused by foreign as they used every human effort to bodies, especially tomato and fruit of this disease have not been proppresent an almost faultiess personal- seeds. Of course the condition is set erly diagnosed for the reason that ity to each other before marriage, up by disease germs superinduced the appendix may wander from the couples try to display qualities to each upon a lesion in the mucous lining of position it should normally occupy in These people are marital slackers; or to a strain or an injury. The for- when it becomes diseased, the classic they are not willing to live up to the eign body sometimes takes on a curi- symptoms may not arise; again many which grows deeper and deeper as ed over a lapse of some years for citis," gone to operation and a per-

life out for themselves. Of course, these parasites may save some child clan.

from appendicitis and its conse-PPENDICITIS is not as preva- quences.

to-day, the early recognition of sus- In medicine there is a universal law back to a glove counter or any counother is another big rut, an almost be ter."

hopeless pitfall which couples are apt picious symptoms resulting in the im- that an inflamed organ must be ter."

The property of the property takes every bit of brain and our ever increasing knowledge on the patient remain quiescent in the Charming!" exclaimed Margie joy-For it must be acknowl- position which is the most comfor- fully. their patients for twenty-four hours, thing will work out right." or allow them only minute quantities of water and milk.

Expert medical care as soon as symptoms manifest themselves, will sages," smiled Mrs. Mindon. usually avert further trouble-not To-Morrow-A Youthful Triangle. always, as some cases are so severe each other than they did when all tient being in apparently the best of tion is imperative to save life. A pressed his view by saying, "The

There is no doubt that many cases other troubles, when it finally went to feetly healthy appendix removed operation and the appendix was found while the patient was under the

cure, your ef-

beautiful features eral health.

ural healthy glow.

By Doris Doscher

by Press Publishing Co.

/ OU can keep on eternally apply-

ing lotions and powders to the

Two Tasty Fish Recipes By A. L. Wyman, M. C. A.

ANOTHER FISH DISH. Baked filet of bass with caper inexpensive.

the juice of half a lemon and four afflictions, but that does not mean Sometimes the offending pimples covering a trace of Petticoat Lane.

are only a few isolated cases where the stomach when it is impossible for pimples are an infection of the skin, it to do its work properly. But how In all other cases they are simply can any one be nervous at this glori-

ty lost if the skin with pimples breaking out on your pimples. is covered with face, change your diet and see how pimples. But, on the other hand, the quickly your skin will clear up. If, homeliest girl is bound to be some instead of excessive tea and coffee and other rich pastry you eat fruits, The trouble with so many of you is Which contain sufficient natural sugar to gratify the craving for sweets, you will go a long way toward current ion. your affliction. Cut out of your diet so much meat and greasy gravy and satisfy your hunger with vegetables principally. Afilic and eggs contain They are easily discested and at this season of the year easily procured and

> vegetables are natural purgatives, and portions of the body, their favorite if you have plenty of these they keep spot being on the back. Here, as in custom of the young men who to

> eruptions to break out on the face, not festered they may be scrubbed the old traditions are fast dying out

such times it is far wiser for you to and helps to clear them up.

Do You Know?

-By Hazel V. Carter

LONG time ago, children-when A ladies were petticoats—there used to be a by-way extending

At that time Broad Street was a Refrain from all alkali soap or til the lane was called Petticoat Lane.

the men came to enlist with Admiral Peter Warren to sail away to capture

mossy recesses and many an angles to follow, is a thing of the past. One might look for a long time over a map of the Isle of Manhattan without dis-